	JOINE 2011						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
*Pre-Registration Required  Legend: (subject to change)	Check Senior Activity Center	1	2	3			
M (Millennium) 1-2-3 L-Lobby H-Hearth R-Rotary Room CR-Conference Room LDS-LDS Church Gym PRAB-Parks/Rec. Admin. Bldg. P-Pool Room C-Computer Resource  HR-Health Room LDS-LOS Church Gym LDS-LDS Church Gym W-Weese Room W-Weese Room	or Parks, Arts & Recreation brochures for evening classes.	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 10:45 - 5:30* M's vs. Orioles 1 - 3:30 Movie: Hereafter (R) 1:30 - 3:30 Scotch Double Pool Tournament (PR) 3:30 - 4:30* Enhanced Fitness (M 1-2) 5 - 9 Extended Hours	9 - 1	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 3:30* Penrose Potluck 9 - 12 Food Pantry (M1) 10 - 3 Respite (W) 10 - 12 Computer Tutor (C) 10 - 12 Contract Bridge (R) 12:30 - 3:30 Super Senior Pool Tourney 9-ball (P) 12:45 - 3 Contract Bridge (R) 1 - 4:30 Scrabble (L) 3:30 - 4:30* Enhanced Fitness (M 1-2)			
8:15 - 9:15	8:30 - 9:30 * Zumba Gold (M1-2) 9:30 - 11 Wellness Meeting (CR) 10 - 3:30 * Massage (HR) 12 - 3 Computer Tutor (C) 12:45 - 3:30 Pincochle Party (L & R) 12:45 - 2:15 Bingo (W) 3:30 - 4:30 * Senior Chair Yoga (M1-2) 5 - 9 Extended Hours 6 - 9 Mexican Train Dominoes (L)	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 10 - 11:30 Open Jam Session (M1-2) 1 - 3:30 Movie: The Switch (R) 3:30 - 4:30* Enhanced Fitness (M 1-2) 4:30 - 8* Dining Out: Verazzanos (Van) 5 - 9 Extended Hours	10 - 12* Spanish (W) 10 - 11 Coffee Hour w/ Councilmembers (R) 12:30* Sr Golf (AGC) 12:45 - 3:30 Pinochle Party (L & R) 3 - 5* Hypnosis Weight Loss <b>NEW</b> (M1)	8:15 - 5 * Hike: Barclay Lake 8:15 - 9:15 * Enhanced Fitness (M1-3) 9 - 3:30 * Hike: Green Mt. Vista 10 - 3:30 * Massage (HR) 10 - 3 Respite (W) 10 - 12 Computer Tutor (C) 10 - 12 Contract Bridge (M1) 11:30 - 1 * Fathers Day BBQ (M2-3) 12:30 - 3:30 Men's Pool Tournament 8-ball (P) 12:45 - 3 Contract Bridge (M1) 1 - 4:30 Scrabble (L) 3:30 - 4:30 * Enhanced Fitness (M 1-2) Sat., June 11 Fishing Derby at Mill Pond Park 7-10 am			
7:45 - 8	8:30 - 9:30* Zumba Gold (M1-2) 9 - 2:30* Walk: Farrel- McWherter Park 10 - 3:30* Massage (HR) 10 - 3 Respite (W) 12 - 3 Computer Tutor (C) 12:45 - 3:30 Pincochle Party (L & R) 3:30 - 4:30* END Senior Chair Yoga (M1-2) 5 - 9 Extended Hours 6 - 9 Mexican Train Dominoes (L)	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 9:30 - 12:30* Estate Planning (CR) 10 - 3:30* Paddle Wheel Cruise 11 - 11:30 Lunch Talk w/ Dr. Gehrett (M2) 1 - 3:30 Movie: Tangled (R) 3:30 - 4:30* Enhanced Fitness (M 1-2) 5 - 9	10 - 12* Spanish (W) 11:30 - 12:30 Birthday/Anniversary Celebration (M 2-3) 12:30* Sr Golf (AGC) 12:45 - 3:30 Pinochle Party (L & R) 3 - 5 + Hypnosis Weight Loss (M1)	8:15 - 9:15* Enhanced Fitness (M1-3) 10 - 3			
8:15 - 9:15* Enhanced Fitness (M1-3) 8:30* Sr Golf (AGC) 9 - 3* Footcare (HR) 9 - 12* Oil Painting (W) 10 - 3* Privers Safety (M1) 10 - 12 Mah Jongg (L) 12:45 - 2:30 Mah Jongg (L) 1 - 4:30 Scrabble (L) 1:30 - 3:30 Computer Tutor (C) 1:30 - 3* Brain Agility (W) 3:30 - 4:30* Enhanced Fitness (M 1-2) 4:45 - 6* Supper Club (M2-3) 5 - 9 Extended Hours 5:45 - 9 Pinochle Party (L)	8:30 - 9:30* Zumba Gold (M1-2) 10 - 3:30* Massage (HR) 10 - 3* Drivers Safety (M1) 10 - 11:30	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 10 - 11:30 Open Jam Session (M1-2) 11 - 1:30* Leisurely Lunch: Japanese Buffet 1 - 3:30 Movie: All Good Things (R) 3:30 - 4:30* Enhanced Fitness (M 1-2) 5 - 9 Extended Hours	9:30 - 3:30* Mystery Trip 10 - 12* Spanish <b>END</b> (W) 12:30* Sr Golf (AGC) 12:45 - 3:30 Pinochle Party (L & R) 3 - 5* Hypnosis Weight Loss <b>END</b> (M1)	8:15 - 9:15* Enhanced Fitness (M1-3) 10 - 3:30* Massage (HR) 10 - 3			
8:15 - 9:15* Enhanced Fitness (M1-3) 8:30* Sr Golf (AGC) 9 - 12* Oil Painting END (W) 9 - 12* SHIBA (CR) 10 - 3* Drivers Safety (M1) 10 - 12 Mah Jongg (L) 11 - 12 Blood Pressure Clinic (HR) 12:45 - 2:30 Mah Jongg (L) 1 - 4:30 Scrabble (L) 1:30 - 3:30 Computer Tutor (C) 1:30 - 3* Brain Agility (W) 3:30 - 4:30* Enhanced Fitness (M 1-2) 5 - 9 Extended Hours 5:45 - 9 Pinochle Party (L)	9 - 2:30 * Walk: Ruston Way 10 - 3:30 * Massage (HR) 10 - 3 * Drivers Safety (M1) 10 - 3 * Respite (W) 12 - 3 Computer Tutor (C) 12:45 - 3:30 Pincochle Party (L & R) 3:30 - 4:30 * Senior Chair Yoga (M1-2) 5 - 9 Extended Hours 6 - 9 Mexican Train Dominoes (L)	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 10:45 - 5:30 Movie: The Sting (R) 3:30 - 4:30* Enhanced Fitness (M 1-2) 5 - 9 Extended Hours	9 - 10				

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JULY 2011

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
*Pre-Registration Required  Legend: (subject to change)	Check Senior Activity Center			1				
M (Millennium) 1-2-3 HR-Health Room L-Lobby H-Hearth R-Rotary Room CB-Coffee Bar CR-Conference Room LDS-LDS Church Gym	or Parks, Arts & Recreation			8:15 - 9:15				
PRAB-Parks/Rec. Admin. Bldg. LGB-Les Gove Bldg P-Pool Room W -Weese Room C-Computer Resource	brochures for evening classes.			12:30 - 3:30				
4	5	6	7	8				
CLOSED - HOLIDAY  11 - 4Celebration in Les Gove Park	8 - 10	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 1 - 3:30 Movie: Gulliver's Travels (R) 1 - 3 Scotch Double Pool Tournament (PR) 3:30 - 4:30* Enhanced Fitness (M 1-2) 5 - 9 Extended Hours	9 - 1* Food Pantry (M1) 10 - 12* Spanish <b>NEW</b> (W) 10 - 11 Coffee Hour with Mayor (R) 12:30* Sr Golf (AGC) 12:45 - 3:30 Pinochle Party (L & R)	8:15 - 9:15* Enhanced Fitness (M1-3) 8:30 - 5				
11	12	13	14	15				
8:15 - 9:15* Enhanced Fitness (M1-3) 8:30* Sr Golf (AGC) 9 - 3 Footcare (HR) 10 - 12	9 - 2:30* Walk: Rattlesnake Lake 10 - 3:30* Massage (HR) 12 - 3 Computer Tutor (C) 12:45 - 3:30 Pincochle Party (L & R) 3:30 - 4:30* Senior Chair Yoga (M1-2) 5 - 9 Extended Hours 6 - 9 Mexican Train Dominoes (L)	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 10 - 11:30 Open Jam Session (M1-2) 11:30 - 1 Summer BBQ (Patio) 1 - 3:30 Movie: Kings Speech (R) 3:30 - 4:30* Enhanced Fitness (M 1-2) 4:30 - 7:30* Dining Out- King Fish Cafe (Van) 5 - 9 Extended Hours	10 - 12* Spanish (W) 12:30* Sr Golf (AGC) 12:45 - 3:30Pinochle Party (L & R)	8:15 - 9:15* Enhanced Fitness (M1-3) 8:30 - 5				
8:15 - 9:15* Enhanced Fitness (M1-3) 8:30* Sr Golf (AGC)	19	20	21	22				
9 - 3* Footcare (HR) 10 - 12	10 - 3:30* Massage (HR) 10 - 11:30Advisory Council (W) 12 - 3Computer Tutor (C) 12:45 - 3:30Pincochle Party (L & R) 12:45 - 2:15Bingo (W) 1 - 3Book Club (CR) 3:30 - 4:30* Senior Chair Yoga (M1-2) 5 - 9Extended Hours 6 - 10* Drivers Safety (R) 6 - 9Mexican Train Dominoes (L)	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 9:30 - 12:30* Estate Planning (CR) 11:30 - 2* Leisurely Lunch- Mitzels (Van) 1 - 3:30 Movie: Next Three Days (R) 3:30 - 4:30* Enhanced Fitness (M 1-2) 5 - 9 Extended Hours	10 - 12* Spanish (W) 10 - 12Free Phone Presentation (R) 10:30- 3:30Van Trip - Parasailing 11:30 - 12:30Birthday/Anniversary Celebration (M 2-3) 12:30* Sr Golf (AGC) 12:45 - 3:30Pinochle Party (L & R)	8:15 - 9:15* Enhanced Fitness (M1-3) 8:30 - 5* Hike: Glacier Basin 10 - 3:30* Massage (HR) 10 - 12				
8:15 - 9:15* Enhanced Fitness (M1-3) 8:30* Sr Golf (AGC)	26	27	28	29				
9 - 12* SHIBA (CR) 9:30 - 4	9 - 2:30*Walk: Gold Pond 10 - 3:30* Massage (HR) 10 - 3* Drivers Safety (M1) 10:30 - 11:30* 5 Wishes (R) 12 - 3 Computer Tutor (C) 12:45 - 3:30 Pincochle Party (L & R) 3:30 - 4:30* END Sr Chair Yoga (M1-2) 5 - 9 Extended Hours 6 - 9 Mexican Train Dominoes (L)	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 10 - 11:30 Open Jam Session (M1-2) 10:30 - 3:30* Tacoma Rainiers 1 - 3:30 Movie: Country Strong (R) 3:30 - 4:30* Enhanced Fitness (M 1-2) 5 - 9 Extended Hours	9:15-3 Sea Kayak 10 - 12 * Spanish (W) 10 - 11:30 Office Meeting (CR) 12:30 * Sr Golf (AGC) 12:45 - 3:30 Pinochle Party (L & R) 1-2:30 Lavender Wand (W)	8:15 - 9:15* Enhanced Fitness (M1-3) 8:30 - 5				

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2:30 - 11	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 1 - 3:30	9 - 1	8:15 - 9:15* Enhanced Fitness (M1-3) 8:30 - 5* Hike: Sheep Lake 10 - 3:30* Massage (HR) 10 - 3
0 - 3:30* Massage (HR) 2 - 3	9 - 12* Wii Bowling League (R) 1 - 3:30	9 - 1	9 - 12
0 - 3:30* Massage (HR) 2 - 3	9 - 12* Wii Bowling League (R) 1 - 3:30	9 - 1	9 - 12
0 - 3:30* Massage (HR) 2 - 3	9 - 12* Wii Bowling League (R) 1 - 3:30	10 - 12	9 - 12
0 - 3:30* Massage (HR) 2 - 3	9 - 12* Wii Bowling League (R) 1 - 3:30	10 - 12	10 - 3
2 - 3	9 - 12* Wii Bowling League (R) 1 - 3:30	10 - 12	10 - 12
2:45 - 3:30	9 - 12* Wii Bowling League (R) 1 - 3:30	10 - 12	10 - 12
2:45 - 2:15	1 - 3:30	10 - 12	12:30 - 3:30
* Sr Chair Yoga <b>NEW</b> (M2-3)  5 - 9	1 - 3	12:30* Sr Golf (AGC) 12:45 - 3:30* Pinochle Party (L & R) 1 - 2:30* Lavender Wand (W)  10 - 12* Spanish (W) 10 - 11* Coffee Hour w/ Councilmembers (R)	12:45 - 3
Extended Hours 6 - 9	3:30 - 4:30* Enhanced Fitness (M 1-2) 5 - 9* Extended Hours  9  8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 10 - 11:30 Open Jam Session (M1-2) 11 - 12 Auburn Old Timers Coffee Hour (R) 11:30 - 1 Summer BBQ (Patio) 1 - 3:30 Movie: 127 Hours (R) 3:30 - 4:30* Enhanced Fitness (M 1-2) 4:30 - 7:30* Dining Out- Super Buffet (Van)	12:45 - 3:30* Pinochle Party (L & R) 1 - 2:30* Lavender Wand (W)  10 - 12* Spanish (W) 10 - 11* Coffee Hour w/ Councilmembers (R)	1 - 4:30
## Walk John Wayne Trail   0 - 2:30	5 - 9	1 - 2:30* Lavender Wand (W)  10 - 12* Spanish (W) 10 - 11	3:30 - 4:30* Enhanced Fitness (M 1-2)  8:15 - 9:15* Enhanced Fitness (M1-3) 8:30 - 5* Hike: Sheep Lake 10 - 3:30* Massage (HR) 10 - 3
2 - 2:30* Walk John Wayne Trail 0 - 3:30* Massage (HR) 0 - 3Respite (W) 2 - 3Computer Tutor (C) 2:45 - 3:30Pincochle Party (L & R) 3:30 - 4:30* Sr Chair Yoga (M2-3) 5 - 9	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 10 - 11:30 Open Jam Session (M1-2) 11 - 12 Auburn Old Timers Coffee Hour (R) 11:30 - 1 Summer BBQ (Patio) 1 - 3:30 Movie: 127 Hours (R) 3:30 - 4:30 * Enhanced Fitness (M 1-2) 4:30 - 7:30 * Dining Out- Super Buffet (Van)	10 - 12* Spanish (W) 10 - 11Coffee Hour w/ Councilmembers (R)	8:15 - 9:15* Enhanced Fitness (M1-3) 8:30 - 5* Hike: Sheep Lake 10 - 3:30* Massage (HR) 10 - 3
0 - 3:30* Massage (HR) 0 - 3	8:15 - 9:15* Enhanced Fitness (M1-3) 9 - 12* Wii Bowling League (R) 10 - 11:30 Open Jam Session (M1-2) 11 - 12 Auburn Old Timers Coffee Hour (R) 11:30 - 1	10 - 12* Spanish (W) 10 - 11Coffee Hour w/ Councilmembers (R)	8:15 - 9:15* Enhanced Fitness (M1-3) 8:30 - 5* Hike: Sheep Lake 10 - 3:30* Massage (HR) 10 - 3
0 - 3:30* Massage (HR) 0 - 3	9 - 12*Wii Bowling League (R) 10 - 11:30	10 - 11Coffee Hour w/ Councilmembers (R)	8:30 - 5* Hike: Sheep Lake 10 - 3:30* Massage (HR) 10 - 3Respite (W) 10 - 12Computer Tutor (C) 10 - 12Contract Bridge (M1) 12:30 - 3:30Men's Pool Tournament 8-ball (P)
0 - 3:30* Massage (HR) 0 - 3	9 - 12*Wii Bowling League (R) 10 - 11:30	10 - 11Coffee Hour w/ Councilmembers (R)	8:30 - 5* Hike: Sheep Lake 10 - 3:30* Massage (HR) 10 - 3Respite (W) 10 - 12Computer Tutor (C) 10 - 12Contract Bridge (M1) 12:30 - 3:30Men's Pool Tournament 8-ball (P)
0 - 3:30* Massage (HR) 0 - 3	9 - 12*Wii Bowling League (R) 10 - 11:30	10 - 11Coffee Hour w/ Councilmembers (R)	10 - 3:30* Massage (HR) 10 - 3Respite (W) 10 - 12Computer Tutor (C) 10 - 12Contract Bridge (M1) 12:30 - 3:30Men's Pool Tournament 8-ball (P)
0 - 3:30* Massage (HR) 0 - 3	10 - 11:30 Open Jam Session (M1-2) 11 - 12 Auburn Old Timers Coffee Hour (R) 11:30 - 1 Summer BBQ (Patio) 1 - 3:30 Movie: 127 Hours (R) 3:30 - 4:30 * Enhanced Fitness (M 1-2) 4:30 - 7:30 * Dining Out- Super Buffet (Van)	10 - 11Coffee Hour w/ Councilmembers (R)	10 - 3Respite (W) 10 - 12Computer Tutor (C) 10 - 12Contract Bridge (M1) 12:30 - 3:30Men's Pool Tournament 8-ball (P)
0 - 3Respite (W) 2 - 3Pincochle Party (L & R) 3:30 - 4:30* Sr Chair Yoga (M2-3) 5 - 9Extended Hours	11 - 12 Auburn Old Timers Coffee Hour (R) 11:30 - 1 Summer BBQ (Patio) 1 - 3:30 Movie: 127 Hours (R) 3:30 - 4:30* Enhanced Fitness (M 1-2) 4:30 - 7:30* Dining Out- Super Buffet (Van)	10 - 11Coffee Hour w/ Councilmembers (R)	10 - 12
2 - 3Computer Tutor (C) 2:45 - 3:30Pincochle Party (L & R) 3:30 - 4:30* Sr Chair Yoga (M2-3) 5 - 9Extended Hours	11:30 - 1	10 - 11Coffee Hour w/ Councilmembers (R)	10 - 12 Contract Bridge (M1) 12:30 - 3:30 Men's Pool Tournament 8-ball (P)
2:45 - 3:30 Pincochle Party (L & R) 3:30 - 4:30* Sr Chair Yoga (M2-3) 5 - 9 Extended Hours	1 - 3:30 Movie: 127 Hours (R) 3:30 - 4:30* Enhanced Fitness (M 1-2) 4:30 - 7:30* Dining Out- Super Buffet (Van)	10 - 11Coffee Hour w/ Councilmembers (R)	12:30 - 3:30 Men's Pool Tournament 8-ball (P)
3:30 - 4:30* Sr Chair Yoga (M2-3) 5 - 9 Extended Hours	3:30 - 4:30* Enhanced Fitness (M 1-2) 4:30 - 7:30* Dining Out- Super Buffet (Van)		
5 - 9Extended Hours	4:30 - 7:30* Dining Out- Super Buffet (Van)	1 1 2'5U * \range \( \sigma \) \( \sigma \)	113.45 3
			12:45 - 3 Contract Bridge (M1)
- 9Mexican Irain Dominoes (L)		12:45 - 3:30Pinochle Party (L & R)	1 - 4:30 Scrabble (L)
	5 - 9 Extended Hours	1-2:30Lavender Basket(W)	3:30 - 4:30* Enhanced Fitness (M 1-2)
•	16 17	'   18	19
0 2:20 * Massage (LID)			8:15 - 9:15* Enhanced Fitness (M1-3)
			8:30 - 5* Hike: Naches Peak
	0.15 0.15 * Full (M1.2)		10 - 3Respite (W) 10 - 12Computer Tutor (C)
		10 12 * Co	
			10 - 12Contract Bridge (M1)
	1		12:30 - 3:30Super Senior Tournament 8-ball (P)
	,		
			1 - 4:30 Scrabble (L)
**		/ / /	3:30 - 4:30* Enhanced Fitness (M 1-2)
,	23 24	1 25	26
× Nalk Millara dvania			9:15 0:15 * Enhanced Fitness (M1 3)
			8:15 - 9:15* Enhanced Fitness (M1-3) 8:30 - 5* Hike: East Side Trail
			10 - 3:30* Massage (HR)
,			10 - 3Respite (W)
			10 - 12Computer Tutor (C)
			10 - 12 Contract Bridge (M1)
			12:30 - 3:30 Men's Pool Tournament 9-ball (P)
<b>3</b> · · ·			12:45 - 3 Contract Bridge (M1)
			1 - 4:30 Scrabble (L)
5 - 9 Mexican Train Dominoes (L)	5 - 9 Extended Hours	2 - 3Volunteer Party (Patio)	3:30 - 4:30* Enhanced Fitness (M 1-2)
	30 31	*Due De mietustiem De mained	Charle Carrier Anti-ites Carrton
* Orcas Island Trip August 28-31	·		Check Senior Activity Center
		Legend: (Subject to change)	
		M (Millennium) 1-2-3 HR-Health Room	
		L-Lobby H-Hearth	or Parks, Arts & Recreation
0 - 3:30* Massage (HR)			or rundy area a necreation
2 - 3Computer Tutor (C)			
2:45 - 3:30Pincochle Party (L & R)	8:15 - 9:15* Enhanced Fitness (M1-3)		
3:30 - 4:30* Sr Chair Yoga (M2-3)	1 - 3:30 Movie: Life As We Know It (R)		brochures for evening classes.
5 - 9Extended Hours	3:30 - 4:30* Enhanced Fitness (M 1-2)	c-computer resource	niociluies foi eveilling classes.
0 2 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	- 2:30* Walk Millersylvania 0 - 3:30* Massage (HR) 0 - 3* Drivers Safety (M1) 0 - 3* Respite (W) 0:30 - 11:30* Loss and Grief (R) 2 - 3	0 - 3:30	10 - 330